



Welcome!

Hi, my name is Deborah Skomba, and I am excited to come along side you as a personal Life Coach. Life Coaching is a wonderful journey that will let us tap into the God-given gifts and the potential that dwells inside you. Often, we can find ourselves stuck, in transition, or in a place of unfulfilled dreams. Life Coaching is truly a beautiful, sanctifying expedition of becoming unstuck, seeing dreams becoming realities, and fulfilling a piece of your God-given destiny by discovering the hidden treasure inside of you.

As your coach, I will never tell you what to do, I will never try to fix you, nor will I give you my advice. Rather, you will be the expert, you will set the agenda, and I will partner with you to help you live out your values, dreams, and goals. As we partner together, you will learn to follow through with goal setting and to walk out your destiny through healthy accountability and an intentional course of action.

Our first meeting will consist of simple, authentic conversation as we discuss the history and present circumstances of each other's lives. I look forward to hearing your life story! Leaving our first meeting, we will have set personal achievement goal(s) and reviewed the coaching agreement together.

I've included the following in the Welcome Packet:

- LIFE COACHING AGREEMENT
- COACHING GUIDELINES
- WHAT IS COACHING

As we progress, our meetings will be scheduled for phone or Zoom: Video Conferencing (I will provide link).

Please feel free to contact me with any questions that you may have. I sincerely look forward to a great journey of transformation!

Blessings,
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